

What is revolutionary about the SoDan decluttering system is that it involves an initial six month decluttering marathon to cleanse your brain and make you ready for your new unlife. This should be done in order – follow these five stages for maximum minimalist intellectual, philosophical and emotional joy

Top Tips to Joyfully Declutter Your Political System

Stage 1 – your personal beliefs

Start by focusing on your own ideology. What matters to you? Which of your beliefs continue to resonate and which are you just holding onto out of misplaced loyalty or sunk cost fallacies? Make a list of every single one of your beliefs and then pick an object related to this belief that symbolizes it. Place all these

Stage 5 – the Traditions

This is the hardest stage of all, as at this point you are potentially coming into conflict with the very heart of the Camarilla itself so you need to be certain of yourself here.

At present, the only Tradition that the Anarch Movement has committed to follow, in accordance with the Convention of Thorns, is the Masquerade. Think deeply about your relationship with the others.

objects in a pile in the room and decide which spark joy and you want to keep.

Stage 2 – uncodified social customs

Or rather, things that are not written down but are just how things are always done – these can be the most pernicious as they are often hard to spot.

Stage 3 – codified social customs

This covers all formalized rules. Again, I recommend using physical symbols to pile up as a way of focusing. You could, for example, use



a cheap mask with a lot of glitter to symbolize the status system.

Stage 4 – rank and positions held by individual members of the Camarilla

This is particularly difficult as it involves potentially confronting individuals you may have a relationship with. It is challenging, indeed, to remain true to your beliefs that the position of Harpy, for example, is an essentially destructive one if you had a date with the Harpy on Tuesday. Stay calm and remember you are decluttering pointless ideology and position from the world, not people.



Learning to feel the spark of joy

You may wish to begin with ideals close to your heart. Perhaps take out all your old weapons from a failed guerilla campaign. Lay them down in a pile at your feet and pick them up, one at a time. Then pick your three favourite weapons from your three favourite campaigns – the ones you know where you did something good, where you know that your time was well spent and you still feel positive about the cause. You have three minutes to decide.

Do it.

I’m serious. At first, often the only way to determine what causes and ideologies truly bring us joy is to compare. Hold it up against something similar and see which you prefer. That’s why we try and declutter our political system one category at a time.

How do we begin to transform the system?

Traditionally, most Anarchs intend prefer to try and reform the Camarilla domain by domain, working with individual Princes, and reforming the system in that local area before moving onto the next domain. Of course, this has significant drawbacks - often you’ll finish tidying one domain, before moving onto the next, only to find that the Domain you’ve left before has got into an awful mess again, with unnecessary laws multiplying, unattractive and outdated social theories creeping back in and there’s probably a huge box of messy Traditions which are as outdated as a Nokia charging cable somewhere under the bed. This newsletter, therefore, is suggesting a whole new approach. Tackle categories, not domains! Following the SoDan methodology, Anarchs should work together to tackle each category of Camarilla mess across the country, before moving onto the next. Want to learn more? Keep reading...

With the SoDan method of political decluttering it’s very important to do things in order. Remember, this process is as much about YOU as anything else. You need to learn about yourself – what kind of political system do you truly aspire towards? What aspects of the Camarilla are you emotionally attached to? What do you believe in? What sparks joy?

Without that self-knowledge, it’s too easy to let political decluttering become essentially destructive.



Tackle categories, not domains!

This is why we start with the easier categories to try and reform – unnecessarily formal court layout, status systems and harpy bullying and untidy violence strewn about the place, before moving on to the more difficult sentimental items – law and the Traditions. Just remember, have faith in yourself. Learn to feel what sparks joy. And we can do it.

The magical Anarch art of tidying up and organizing your political system

Welcome to your monthly edition of the Anarch Times. This month we’re going to be focusing on the issue of the moment – decluttering!

In the 21st century it’s far too easy to build up clutter, physical, mental, emotional and political, and it’s easiest of all for those of us who live forever to collect far more than most. But worry not! Sofia Danilov is here with the bold and life changing new SoDan Anarch Political Decluttering Process – the life changing and joy giving philosophy of tidying up your politics.

Taking inspiration from the ancient philosophies of the East (perhaps the reason why the Kindred of the East are never anxious) this newsletter will change your unlife. Forever.



Movement and the Camarilla who can attest how the SoDan method has changed their life.

“Before I met Sofia, my life was filled with money and consumer goods. Now I have a kitten sitting on my desk, I’ve got a bonsai tree in my haven and I can’t find my wallet” – Patrick Faversham, Seneschal of Glasgow

“First rap battles of politics, then Camarilla the Musical and now this?” – Devlin Chase, Clan Brujah, Iconoclast and Anarch at Large

“After reading Sofia Danilov’s manifesto, I was inspired to throw every electronic communications device I owned out of the window” – Sir Wetherby Fotherington-Smythe, Camarilla Elder

“Where the devil are my slippers?” – Francis Doyle, Prince of Glasgow

Over a six month process you will start off by decluttering your mind, then move on to decluttering your society.

For those of you who want more support, Sofia Danilov also offers special one-on-one workshops and unlife coaching sessions where she can sit down and work through your ideological mess and muddle with you and empower you to find a clear new path to a better unlife and a better Kindred society.

And once you declutter, we guarantee you won’t relapse. This method offers you a totally new way of existence that you won’t want to give up.

Then the SoDan method is for you!

Follow her simple and inspirational five step program, you will change your unlife. We have testimonials from Kindred in both the Anarch



Declutter your brain

Some people have tried to tell me that ‘decluttering’ is something that only applies to the home – to physical junk. But does anyone really think that the pseudo-science of intelligent design has more purpose than that really annoying pile of odd socks you insist on keeping at the back of the closet? Does anyone believe that the weird anxiety you get when you hear the name of the lover who cast you aside in your youth you are carrying anything other than junk, as valuable as a box of old cables for devices long since discarded? We all carry clutter. We are all better without it.

Does this Prince spark joy?

Discovering whether your Prince sparks joy is a complex process. It is not just as simple as taking his regal yet approachable form in your hands and waiting for that elusive feeling of happiness to surge over you. Indeed, it’s actually very normal to not initially think that your Prince does spark joy – and many Anarchs have thrown him or her as a result, only to discover later on that there is no one to order that the sewers be cleaned out.

Instead, you need to take a step back and consider the meaning of the phrase ‘spark joy’. An object, such as a Prince, does not need to be beautiful to spark joy. Instead, you should think of it as being, at this stage, more of a utilitarian object. Would the loss of this particular Prince cause you more stress and difficulty? Is the Prince, for all of his or her flaws, performing an important function humbly and efficiently? If this is the case, what could be more joyful than that?